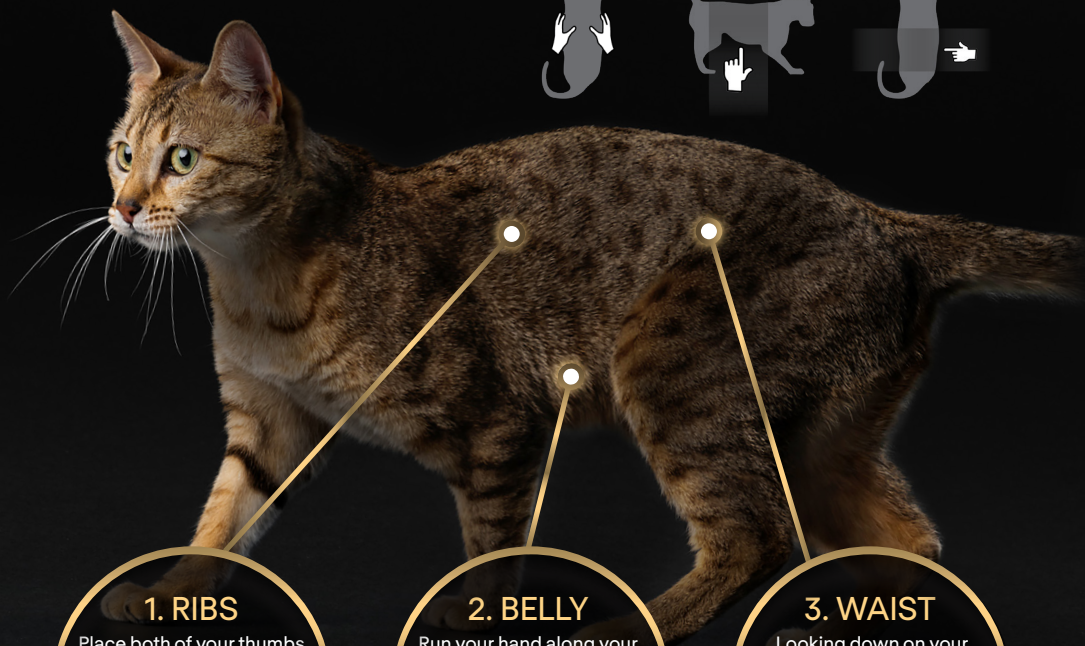


PURINA
PRO PLAN

Determine your pet's
Body Condition Score by giving
them a healthy hug.



1. RIBS

Place both of your thumbs on your cat's backbone and run your fingers along the ribcage, noting how easily you can feel the bony parts.

2. BELLY

Run your hand along your dog's underside and look at the belly from the side, where you can evaluate the 'abdominal tuck', right where the belly meets the area of the hips.

3. WAIST

Looking down on your cat's waist and hips from above, you should notice that this area is much narrower than the width of the chest and ribcage.

WHAT IS YOUR CAT'S BODY CONDITION SCORE?

Give them a healthy hug. Simply note how the ribs, belly and waist feel and compare them to the chart below.

HEALTHY WEIGHT

Nutrition FOR LIFELONG CARE

UNDERWEIGHT

1

Ribs and spine are evident from a distance and easily palpated/felt. Severe abdominal tuck and muscle mass loss.

2

Ribs and spine are easily visible. Pronounced abdominal tuck. No palpable fat.

3

Ribs are easily palpable with minimal fat covering. Obvious waist and minimal abdominal fat. Lumbar vertebrae obvious.

4

Ribs are palpable with minimal fat covering. Noticeable waist. Slight abdominal tuck. No abdominal fat pad.



IDEAL WEIGHT

5

Ribs are palpable with slight fat covering. Noticeable waist and minimal abdominal fat pad.



OVERWEIGHT

6

Ribs are slightly palpable with slight fat covering. Noticeable, but not obvious waist and abdominal fat pad. No abdominal tuck.

7

Ribs are not easily palpable with moderate fat covering. Rounded abdomen with moderate abdominal fat pad.

8

Ribs are not palpable with excess fat covering. Waist absent. Obvious rounding of abdomen. Prominent abdominal fat pad and lumbar fat.

9

Ribs are not palpable under heavy fat cover. Obvious abdominal distention and extensive fat deposits. Heavy fat deposits over lumbar area, face and limbs.

